

**From:** [BC Confederation of Parent Advisory Councils](#)

**To:** [BC Confederation of Parent Advisory Councils](#)

**Sent:** Thursday, August 27, 2009 12:43 PM

**Subject:** BCCPAC Member Bulletin: H1N1 Virus

**BCCPAC Member Bulletin: H1N1 Virus**

The following information is of interest to all parents. Please share it with your PAC and DPAC members.

**H1N1 Flu Virus Information for Parents, Students and Teachers**

The following H1N1 information will be available at the B.C. government website at [www.gov.bc.ca/swineflu](http://www.gov.bc.ca/swineflu) under the heading, "Information for Parents, Students and Schools:"

Information for parents and teachers:

- [Protecting your kids from the H1N1 flu virus](#) (PDF 35KB)
- [If you think your child has the H1N1 flu virus](#) (PDF 38KB)
- [Talking to kids about the H1N1 flu virus](#) (PDF 36KB)
- [Q&A for parents about the H1N1 flu virus](#) (PDF 45KB)
- [Helping children cope with H1N1-related stress](#) (PDF 41KB)
- [Helping adults cope with H1N1-related stress](#) (PDF 35KB)

Guidelines on school closures and up to date information on H1N1 will also be posted on the [www.gov.bc.ca/h1n1](http://www.gov.bc.ca/h1n1).

**BC Confederation of Parent Advisory Councils**

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*Our Vision: To improve public education for all students by including and supporting parents*